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October 15, 2014

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Local Elder Law Attorney, Jackie Bedard, Releases New Book

Cary, NC—Jackie Bedard, estate planning and elder care attorney of Carolina Family Estate Planning in Cary, is thrilled to announce the release of a new publication, *Don't Go Broke in a Nursing Home!* co-authored with Don Quante.

This collaborative writing, broken down in layman's terms, offers readers the essential tools and knowledge for effective long-term care planning. The book offers creative financial strategies that can be used to protect assets and quality of care, as well as tax incentive information for those who plan ahead for long-term care.

Ms. Bedard states, "Many seniors fear that if they need long term care, they'll lose their home and life savings to the nursing home. They believe that they must spend or give away all of their assets before they ever apply for Medicaid. Unfortunately, these are myths causing many people to wait too long to file for benefits, or they are denied or incur significant penalty periods due to improper planning."

Ms. Bedard teaches a two-hour workshop that outlines, in easy-to-understand terms, the legal and personal issues when planning to protect assets from nursing home costs, and helping families carry out their wishes after they have passed. Those wanting more information about workshop schedules, scheduling a private workshop for an organization, private consultation, or want more information about long term care planning may contact Carolina Family Estate Planning at (919) 443-3035.

For more information on Cary attorney, Jackie Bedard, please visit www.carolinafep.com or call (919)443-3035.

Attorney, Jackie Bedard is the founder of Carolina Family Estate Planning in Cary, NC, a practice focused on estate planning law and elder law. She is an active member of the National Network of Estate Planning Attorneys, the Medicaid Planning Network and the National Academy of Elder Law Attorneys and is a board member of Transitions LifeCare and Guiding Lights. She is also the author of, *Understanding the Department of Veteran Affairs's Aid & Attendance Program and How It Could Save Your Family Thousands*, *How to Avoid Nursing Home Poverty and Save Your Family Thousands*, and *A Guide to Alzheimer's Care*. For more information on how you can protect yourself and your loved ones, visit www.carolinafep.com or call (919) 443-3035.