

CAROLINA FAMILY ESTATE PLANNING
51 KILMAYNE DR., SUITE 203
CARY, NC 27511
Phone: 919-443-3035
Fax: 919-324-6987
www.CarolinaFEP.com

Get to Know the CFEP Team



Some of you are long time readers of our newsletter, but we've also added many new readers over the years and thought it might be fun to start a "Get to Know the CFEP Team" series. Each month we'll feature one of team members.

Featuring: Jackie Bedard, Attorney & Author, Founder of CFEP

Tell us about your family: I've been married to my husband, Dan, for almost 9 years. We met in college at MIT. Dan is an electrical engineer. We have two dogs: Kylie, our almost 12 year old Rottweiler, and Nelly, our 10.5 year old chocolate lab. Both have been featured in past issues of the newsletter.

What's the last book you've read, or book you're reading right now? *The Fault In Our Stars* by John Green
TV show you can't go without watching? *The Big Bang Theory* and *Modern Family*
What hobbies or activities do you enjoy? CrossFit, barbell club, reading, cooking, spending time with our dogs
What was your first job? In high school, I worked briefly as a cashier at McDonald's until I was old enough to become a sales clerk at a local clothing store.

What is your favorite board game? *Cranium*

Where do you plan to go for your next major vacation? Dan and I have been saving up for a trip to France

Favorite (non work-related) website? Scouring for new recipes on Pinterest.com

Favorite dessert? Ben & Jerry's Cherry Garcia ice cream

Bridges

A newsletter for Carolinians on transitioning family wealth, wisdom and values



CAROLINA FAMILY ESTATE PLANNING

Protecting Your Family For Life

Page One

March 2014

Having the Inheritance Talk

It wasn't easy for you to talk to your kids about sex, drugs and being safe on the Internet, but you managed — whether with red faces or not. But when the subject turns to inheritance, many would rather have a root canal than talk about family money.

Telling children how much they stand to inherit is fraught with what *The Wall Street Journal* calls "emotional land mines." Parents who came from much more modest means might feel guilty about their wealth. They worked hard for their money and don't want their children to lose their work ethic. (<http://tinyurl.com/hfnju7>)

There's also the thorny subject of who inherits what, and how much. Not talking about it can lead to confusion, mistrust and heirs ill-equipped to manage wealth.

Despite these obstacles, experts interviewed by *The New York Times* say it's important for parents to talk openly to children about money because failing to do so brings with it its own set of problems. (<http://tinyurl.com/o8khljn>)

Etiquette in discussing money with family

Is there a "best way" of approaching the conversation about wealth with your family? We found an interesting article in AARP interviewing etiquette expert Peggy Post of the Emily Post Institute about this issue. (<http://tinyurl.com/mnn2nhm>).

Post says there is no set "blue print" to follow for every family. Before money is left to heirs, Post suggests having one-on-one conversations with the children. It's also important to have group meetings so everyone is on the same page.

Dropping the news all at once can overwhelm and dumbfound heirs who had no idea of the scope of their inheritance. Sudden wealth can be a burden.

Developing a family mission statement can help heirs know what a family's values are regarding money. Also, holding regular family meetings can reinforce those ideas. Sharing stories about how the wealth was created lets the kids know the money didn't come out of thin air.

There's going to be a lot of money transferred in coming decades. Baby boomers will leave their children more than \$30 trillion in the next 30 to 40 years, *The Times* says.

The "blank check" exercise

Parents need to assess their children before revealing too much

IN THIS ISSUE

Page 1: Having the Inheritance Talk

Page 2: Continuum of Care

Page 3: Long Term Care; Thank You; Upcoming Workshops

Page 4: Get to Know the CFEP Team

CAROLINA FAMILY ESTATE PLANNING

51 KILMAYNE DR., SUITE 203
CARY, NC 27511
919-443-3035
CAROLINAFEP.COM
NCWILLSANDTRUSTS.COM
FACEBOOK.COM/CAROLINAFEP

PRACTICE AREAS:

- WILLS & LIVING TRUSTS
- ASSET PROTECTION TRUSTS
- LONG TERM CARE PLANNING
- MEDICAID PLANNING & QUALIFICATION
- VETERAN'S AID & ATTENDANCE BENEFITS
- CHILDREN'S SAFEGUARD PLANNING
- PROBATE & ESTATE ADMINISTRATION
- TRUST ADMINISTRATION

This publication is intended to educate the general public about estate planning, elder law, asset protection and related issues. It is not intended to be legal or tax advice. The information in this newsletter may be freely copied and distributed as long as the newsletter is copied in its entirety.

Having the Inheritance Talk (continued from Page 1)

information, *The Wall Street Journal* says. What is their level of financial responsibility, ability to think in an adult way and adjust to a potential large inheritance?

Hand them a sheet of paper and tell them to pretend it's a blank check and to write down what they would buy if they had the money now. If they say a sports car or a wardrobe from Mercedes-Benz Fashion Week, then clients know more mentoring and teaching is called for.

It is all about communication and planning

Deciding how assets will be divvied up can be a chore. Should everything be equal? What if one

child is active in a parent's business working for below market salary with the implied understanding that the business will be "left" to him or her? What if it's a blended family? This is why working with a professional team of advisors is critical in thinking these issues through. Unique family dynamics call for unique planning strategies. In the end, it comes down to great communication within a family and thoughtful legal planning.

We hope this information was useful to you and helps you and your family. If you have a specific case or a question, don't hesitate to call our office.

Special Presentation: Continuum of Care: What Are My Options?

In April, we're partnering with Aging Outreach Services to bring a special presentation to the community, *Continuum of Care: What Are My Options?*

Carolina Family Estate Planning's
Learning Center

Wednesday, April 30th at 10 a.m.

Whether your concerned about your own future needs or you are currently caring for a loved one, join us to learn about the care options available to you and your family. For more information or to register, please contact Aimee Hardesty, Client Services Coordinator at (919)443-3035 or aimee@carolinafefp.com



Paying For Long-Term Care

Did you know that, if you are single, the odds are 50% that you will need long-term care? If you are age 65 and married, the odds are 75% that you or your spouse will need long-term care. If you are age 65, the odds of needing long-term care for 5 years or longer are over 20%!

The average nursing home stay is 2.5 years at a national average cost of \$76,460 per year and rising. Is it any wonder that 50% of mature couples become impoverished within a year after either spouse enters into a nursing home? The number jumps to 70% for widowed or single persons.

And don't expect Medicare to help out. Medicare only pays for acute nursing home care for up to 100 days and there are very strict requirements to even qualify for those 100 days of coverage.

The key to proper long-term care planning is to plan *now* rather than to react later. While we regularly work with families that are in a crisis when it comes to long-term care planning, we would always prefer to be working with clients in a proactive manner.

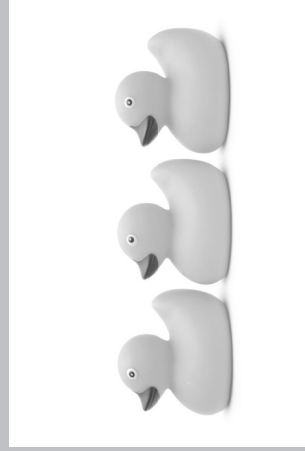
You've worked too hard for your life savings to see it wiped out by the costs of long term care! Let us show you how to stay at home as long as possible, and if you need care, how to pay for it. Proper planning is the key! Give us a call at (919)443-3035.

Thank YOU for introducing your friends & family to our office!

We invest 100% of our time and energy to delivering first-class service to our clients. As a result, our valued clients, partners, and friends refer their family, friends and associates to us. We'd like to take a moment to thank the following individuals:

Amy Barr
Russ Ramsey
Kenn Buckner
Louis Rich
Barbara Kingrey
Ben & Jennifer Sligar
Patrick Yanke
Gabe Stepanic
Dan Thomas
Linda Ward
Ed Kenney
Jack Watson
Nicholas Cirillo
Ashley Young
Elisha Hicks
Kenneth Marsh
Elliot & Wendy Poole

Do You Have Your Ducks In a Row? You Go Out Of Your Way to Care and Provide for Your Family...But Have You Protected Them If Something Happens To You?



You've spent a lifetime building your life savings and taking care of your family, but what would happen if you fall ill or pass away? Make sure you've protected your family by getting your "ducks in a row."

Attend this free workshop to discover:

- The most important document that *everyone* needs
- Strategies to have the advantage in tax and probate issues
- Steps you can take now to save \$\$\$ in costs later
- Find out how to have your way, *even after you die!*
- How to **protect** your home and assets from long-term care costs
- How to make sure your spouse or children are *not left financially ruined* if you need nursing home care
- How to access **benefits** for wartime veterans for long-term care
- When should *you* begin planning for the second half of life?

Upcoming Workshop Dates

March 19th, 10 a.m.-Noon

March 25th, 6:30-8:30 p.m.

April 8th, 6:30-8:30 p.m.

April 21st, 6:30-8:30 p.m.

Registration

RSVP required.

To reserve your seat, contact Aimee Hardesty, Client Services Coordinator, at

(919) 443-3035 or

aimee@carolinafefp.com

Don't wait—Call us today to reserve your spot!

(919) 443-3035

MARK YOUR CALENDAR!



The first senior moment.